



## *Power to Create Workshops: Empowerment Series*

**CouchSession I:** The 3 C's of a Healthy Relationship

**CouchSession II:** Overcoming Your Insecurities

**CouchSessions III:** Dating in the 21st Century: The Five Stages of a Relationship

**CouchSession IV:** Love Doesn't Hurt

**CouchSession V:** The Power to Create: Stop Self-Sabotaging Your Relationships

**CouchSession VI:** Fighting Fair- Why Are You Tripping?

**CouchSession VII:** The Power to Create-Complete Wellness

**Empowerment SuperSession:** Straight with NO Chaser w/ Neek, the Love Coach  
(Open Forum Q & A)

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### **Pricing:**

**\$ 55/person per CouchSession**

**\$75/couple per CouchSession**

**Empowerment SuperSession: \$65/person and \$90/couple**

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The structure of the workshops respects the privacy of workshop participants. Although participants are not expected or required to share personal information, participation in group discussion is highly encouraged.

CouchSessions are 90 minutes in length. If you purchase up to 3 additional sessions, you will receive a 10% discount for each CouchSession purchase. Purchase the entire Empowerment Series and you will enjoy a 20% discount.

Special pricing consideration is given to non-profit and community service organizations. For Keynote speaking on any of these topics, please contact Neek, the Love Coach.

**All attendees must be over the age of 18, proof of ID will be required at registration.**

Empowerment Series Workshop EPK  
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